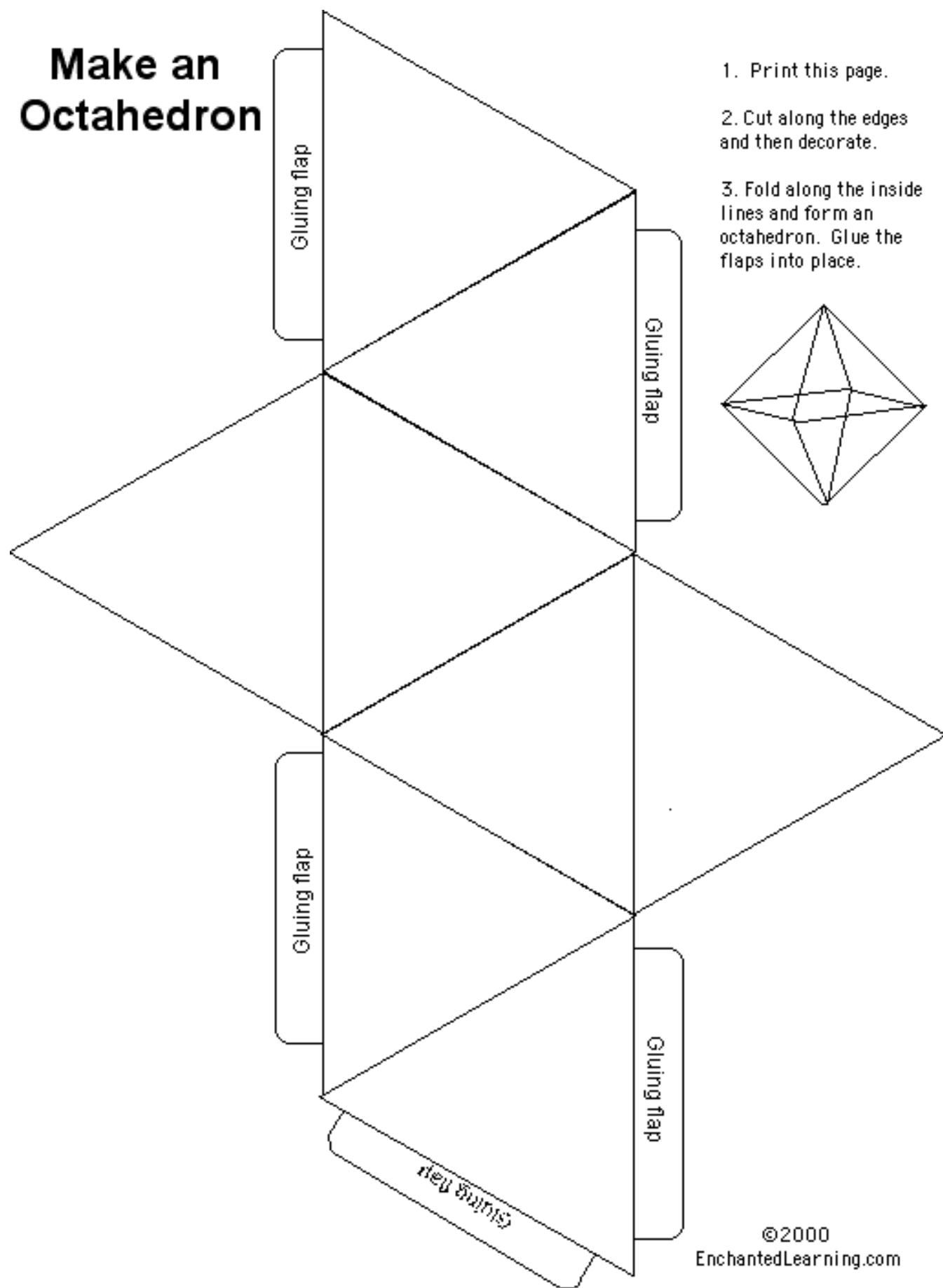
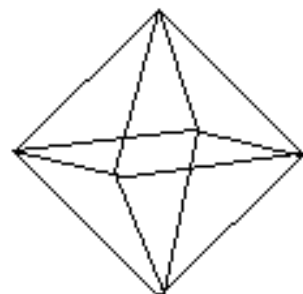


Make an Octahedron

1. Print this page.

2. Cut along the edges and then decorate.

3. Fold along the inside lines and form an octahedron. Glue the flaps into place.



1. Print this sheet and write out your intentions for time within the triangle.
2. Assemble as per the instructions above
3. Decorate as you wish.
4. Play with this tetrahedron on a regular basis (or as described in the session)
5. Use this as a reminder of your intentions.

Enjoy!

Carolyn Winter